



Our Lady of Lourdes, Perth

Parish Newsletter 21st June 2026

12th Week in Ordinary Time Year A

Dear Parishioners,

Fear is a natural part of human life. We may be afraid of illness, loneliness, uncertainty about the future, or the loss of someone we love. We may also fear rejection when we speak openly about our faith or try to live according to the Gospel. In today's Gospel, Jesus says three times: **“Do not be afraid.”** He does not promise His disciples an easy life or freedom from every difficulty. Instead, He assures them that they are known, valued and held in the loving care of the Father. Not even a sparrow falls to the ground without God's knowledge, and every hair on our head has been counted.

This does not mean that nothing painful will ever happen to us. It means that no suffering, worry or struggle is hidden from God. He remains close, even when we cannot immediately understand His ways.

The prophet Jeremiah also experiences opposition and fear, yet he is able to say: **“The Lord is at my side, a mighty hero.”** His courage does not come from his own strength but from his trust in God.

As we begin another week, let us place before the Lord whatever causes us anxiety. May Our Lady of Lourdes, who trusted God in every circumstance, help us to remain faithful and courageous. Christ calls us not to live under the control of fear, but to become witnesses of hope, confident that we are precious in the eyes of our heavenly Father.

PRAYER AFTER THE HOMILY

Lord Jesus Christ, You tell us not to be afraid, because our heavenly Father knows us, cares for us and holds our lives in His loving hands.

Strengthen us when fear weakens our faith. Give us courage when we are tempted to remain silent. Help us to acknowledge You not only with our words, but also through our choices, our kindness and our faithful service to others. Teach us to trust that no suffering is hidden from You, no prayer is forgotten and no act of love goes unnoticed.

May Your Holy Spirit make us courageous witnesses of the Gospel in our families, our parish and our daily lives.

Lord Jesus, remain at our side and lead us from fear to faith, from anxiety to trust and from hesitation to generous discipleship. **Amen.**



**Today a Second
Parish Collections is
for Day of Life**

*Next week on 28th for
Peter's Pence*



St Francis of Assisi knew what it meant to be afraid.

When he first encountered a leper, he felt fear and instinctively wanted to turn away. Yet, strengthened by grace, he approached the man, embraced him and offered him peace. Francis later recognised that this moment changed his heart. What had once seemed bitter became a

source of spiritual joy. His fear did not disappear by itself; it was transformed through an act of faith and love.

In today's Gospel, Jesus tells us: **“Do not be afraid.”** Like St Francis, we may discover that courage does not mean never feeling fear. Courage means trusting God enough to take the next faithful step. The person we avoid, the difficulty we fear, or the act of kindness we postpone may become the place where Christ is waiting to meet us.

A Franciscan Jubilee Year challenge for the week: Ask God for the courage to approach one person or situation that you would normally avoid.



FATHER'S DAY BLESSINGS

On Father's Day, we give thanks to God for all fathers, grandfathers, godfathers, and those who have lovingly fulfilled a fatherly role in the lives of others.

We thank them for their sacrifices, guidance, hard work, and faithful witness. Through their love, care, and generosity, they reflect something of God's own fatherly love for His children.

May the Lord bless all fathers with wisdom, strength, patience, and joy.

May He sustain them in their vocation, reward them for the good they do, and fill their homes with peace and love.

We also remember in prayer our fathers who have gone before us marked with the sign of faith.

May they rest in the peace of Christ and share in the eternal joy of the Father's house.

*Happy Father's Day to all
our fathers and families.*

**OUR LADY OF LOURDES
ROMAN CATHOLIC CHURCH
DIOCESE OF DUNKELD**

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Scottish Catholic Safeguarding Standards Agency

www.scssa.org.uk

Diocesan Curial Offices:

Address: 24–28 Lawside Road, Dundee, DD3 6XY

Telephone: 01382 225453



**Our Lady's
RC Primary School
and ELCC Perth**

Our Lady's Primary School is situated in close proximity to the Our Lady of Lourdes Parish church.

Address: Garth Avenue, Perth, PH1 2LG

Mrs Lynne Mendes, Headteacher
(Child Protection Officer)

Mrs Lisa Brown, Depute Headteacher
(Child Protection Officer)

Website: <http://ourladysrcprimary.schoolwebsite.scot/>

E-mail: ourladyd@pkc.gov.uk

Telephone: 01738 477570

**ALPHA IS FOR ANYONE WHO WISHES TO
EXPLORE THE CHRISTIAN FAITH**

We continue the ALPHA Course on Wednesday 24th June at 6.30pm in Our Lady of Lourdes, in the church hall. *You are warmly invited to come along, to bring a family member, friend or anyone who is curious, to share some food and to get to know each other.*

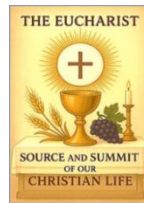
Come along and see what you think

PREPARING PARISH EUCHARISTIC REVIVAL

After the completion of the ALPHA Course in August, our parish will begin a new journey of formation and prayer: **Parish Eucharistic Revival Project.**

This initiative will help us rediscover the heart of our Catholic faith:

Jesus Christ truly present in the Eucharist — Body, Blood, Soul and Divinity.



The Eucharist is not simply a symbol or a religious tradition. The Eucharist is Jesus Himself, present among His people and waiting for us with love. During the sessions, we will reflect on four important questions: Who is present in the Eucharist? What happens at Mass? Why does the Church encourage Adoration of the Blessed Sacrament? How does the Eucharist change the way we live? **This will prepare us to begin a pilot programme of monthly Holy Hours of Adoration of the Blessed Sacrament.**

**PLEASE PRAY FOR THE REPOSE OF THE SOUL
OF RAFFAELE FLORIDIANO**

It is with great sadness that we announce the death of **Raffaele Floridiano**, born on 24 January 1950, who passed away on 12 June 2026, the Solemnity of the Most Sacred Heart of Jesus.

Raffaelle was the beloved mother of **Raffaelli Storino**, one of our altar servers. We offer Raffaelli and the whole family our sincere condolences and assure them of our prayers at this difficult time.

May the Sacred Heart of Jesus receive Raffaelle into His eternal peace and bring comfort and strength to all who mourn her.

Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May she rest in peace. Amen.

THE LITURGY OF THE WORD

First Reading

Jeremiah 20:10-13

"He has delivered the life of the needy from the hand of evildoers"

Responsorial Psalm

Ps 69(68): R14c

"In your great mercy, answer me, O Lord."

Second Reading

Romans 5:12-15

"The free gift is not like the trespass"

Gospel Acclamation

John 15:26b, 27a

Alleluia, alleluia. The Spirit of truth will bear witness about me, says the Lord, and you also will bear witness. **Alleluia**

Gospel

Matthew 10:26-33

"Do not fear those who kill the body"

WEEKDAY SERVICES

Tuesdays: Holy Rosary 9.30am Holy Mass at 10.00am. followed by coffee/tea in the hall

Thursdays: Holy Rosary 9.30am Holy Mass at 10.00am. School in attendance.

6.30pm. Adoration of the Blessed Sacrament and the Litany of the Most Sacred Heart.

**DROP-IN
ALL WELCOME!**

If you fancy a natter amongst friendly faces, along with a cup of tea/coffee and a jammy dodger, please come and join us on **Friday afternoons, between 1pm and 3pm in the church hall.** We very much look forward to welcoming you all.

HOSPITAL VISITS BY A PRIEST

If you know someone in hospital who would like a visit from a priest for prayer, spiritual support, Holy Communion (*Vaticum: communion for dying*), Confession, or the Anointing of the Sick, please contact the **Priest on call, at 07842 538056 ASAP.**